PHYSICAL EDUCATION MAKE UP FORM

45 MINUTE ACTIVITY AND WRITTEN PAPER

In order to make up a PE absence, students must do the following:

1. Participate in physical activity for 45 minutes. Activities such as swimming, jogging, bicycling, and weight lifting are acceptable. Others will be considered with prior approval from Mr. Sundquist.
2. Choose any health or physical education article and type a 200-word summary. Items to include in your summary; main points, agree/disagree, what you learned, how it affects you.
3. Attach your summary and article to this paper.
4. Make up assignments must be completed and turned in within 10 days of the absence. If the make up assignment is not complete and returned within those 10 days, students will then receive a maximum of 7 out of 10 points.
5. No make ups will be accepted during finals week.

**Printed Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date of Absence Activity\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**